

# **THE CORNER BOOTCAMP**

## **CLASS SCHEDULE**

\*NEW 9AM CLASS ON TUESDAYS & THURSDAYS  
STARTING OCTOBER 1<sup>ST</sup>, 2022\*

### **MONDAYS & WEDNESDAYS**

\*6:30AM WITH COACH MICHELLE/JOHN  
8:00AM WITH COACH KRISTEN/JOHN  
9:00AM WITH COACH KRISTEN/JOHN  
5:30PM WITH COACH JOHN/JESS

### **FRIDAYS**

\*6:30AM WITH COACH JOHN  
8:00AM WITH COACH SCOTT  
9:00AM WITH COACH SCOTT

### **TUESDAYS & THURSDAYS**

\*6:30AM WITH COACH MICHELLE  
8:00AM WITH COACH JESS  
9:00AM WITH COACH JESS

### **SATURDAYS**

\*8:30AM WITH COACH LIA  
9:00AM WITH COACH LIA

**\*= 30 MINS. THE REST OF THE CLASSES ARE HOUR-LONG**

**PLEASE JOIN OUR FACEBOOK PAGE, "THE CORNER BOOTCAMP" FOR ALL UPDATES!**

