

THE CORNER BOOTCAMP

CLASS SCHEDULE

MONDAYS & WEDNESDAYS

*6:30AM WITH COACH MICHELLE/JOHN
8:00AM WITH COACH KRISTEN/JOHN
9:00AM WITH COACH KRISTEN/JOHN
5:30PM WITH COACH JOHN/JESS

FRIDAYS

*6:30AM WITH COACH JOHN
8:00AM WITH COACH SCOTT
9:00AM WITH COACH SCOTT

TUESDAYS & THURSDAYS

*6:30AM WITH COACH MICHELLE
8:00AM WITH COACH JESS
9:00AM WITH COACH JESS

SATURDAYS

*8:30AM WITH COACH TYLER
9:00AM WITH COACH TYLER

***= 30 MINS. THE REST OF THE CLASSES ARE HOUR-LONG**

PLEASE JOIN OUR FACEBOOK PAGE, "THE CORNER BOOTCAMP" FOR ALL UPDATES!

