

THE CORNER BOOTCAMP

CLASS SCHEDULE

MONDAYS & WEDNESDAYS

*6:30AM WITH COACH MICHELLE
8:00AM WITH COACH KRISTEN/JOHN
9:00AM WITH COACH KRISTEN/JOHN
5:30PM WITH COACH JOHN

FRIDAYS

*6:30AM WITH COACH MICHELLE
8:00AM WITH COACH SCOTT
9:00AM WITH COACH SCOTT

TUESDAYS & THURSDAYS

*6:30AM WITH COACH MICHELLE
8:00AM WITH COACH JESS
4:45PM WITH COACH JESS

SATURDAYS

*8:30AM WITH COACH LIA
9:00AM WITH COACH LIA

***= 30 MINS. THE REST OF THE CLASSES ARE HOUR-LONG**

PLEASE JOIN OUR FACEBOOK PAGE, "THE CORNER BOOTCAMP" FOR ALL UPDATES!

